

## EXECUTIVE SUMMARY

### **Healthy California 2010: Progress in Achieving Healthy People 2010 Objectives, 2000-2003**

One of the most compelling lessons learned from monitoring and tracking California's progress in achieving the *Healthy People 2000* objectives was that although dramatic progress has been made in many areas, we still had a long way to go toward realizing the goals of increasing the span of healthy life, reducing health disparities, and achieving access to preventive services for all Californians.

*Healthy People 2010: Understanding and Improving Health* provides us with an agenda for addressing these and other new health issues, reversing unfavorable trends, and expanding on past achievements in disease prevention and health promotion. As a focused research and planning instrument, *Healthy People 2010* (HP2010) is designed to achieve two overarching goals: 1) to increase quality and years of healthy life; and 2) to eliminate health disparities.

This progress report summarizes 68 health objectives in 14 Focus Areas and represents the "first circle" of Healthy California 2010 monitoring, using data that the Center for Health Statistics has direct access to. Objectives included in this report were selected on the basis of the comparability of data used in the HP2010 operational definitions. Since less than 15% of the total number of objectives are included in this reporting, and since many of the Focus Areas are not represented, any characterization of California's progress should be qualified accordingly.

The *Healthy People 2010* objectives monitored by this report are summarized on the following pages, showing the HP2010 target, the latest statewide rate for California, and whether the objective is being achieved for all Californians and for selected subpopulations by gender and by race-ethnicity.

For further information on this report, please contact:

Jim Sutocky, Research Program Specialist  
Center for Health Statistics, Office of Health Information and Research  
1616 Capitol Avenue, MS 5101  
P.O. Box 997410  
Sacramento, CA 95899-7410  
Phone: (916) 650-6871  
[jsutocky@dhs.ca.gov](mailto:jsutocky@dhs.ca.gov)

Healthy People 2010 objectives achieved for the total California resident population as of 2003 include reductions in:

|        |   |
|--------|---|
| 1-9a   | Pediatric asthma hospitalizations                         |
| 1-9c   | Pneumonia and influenza hospitalizations (ages 65 & over) |
| 3-2    | Lung cancer deaths  |
| 3-6    | Oropharyngeal cancer deaths                               |
| 3-7    | Prostate cancer deaths                                    |
| 15-28  | Hip fracture hospitalizations (males aged 65 & over)      |
| 16-5a  | Complications of hospitalized labor and delivery          |
| 16-11b | Preterm births (32-36 completed weeks gestation)          |
| 24-1e  | Asthma deaths (ages 65 & over)                            |
| 24-2b  | Asthma hospitalizations (ages 5-64)                       |

Objectives not achieved, but moving toward the HP2010 target include:

|        |   |
|--------|---|
| 3-1    | All cancer deaths                                       |
| 3-3    | Female breast cancer deaths                             |
| 3-4    | Cervical cancer deaths                                  |
| 3-5    | Colorectal cancer deaths                                |
| 12-1   | Coronary heart disease deaths                           |
| 12-7   | Stroke deaths   |
| 15-28  | Hip fracture hospitalizations (females aged 65 & over)  |
| 16-1c  | Infant deaths   |
| 16-2a  | Child deaths (ages 1-4)                                 |
| 16-6a  | Early prenatal care                                     |
| 16-11c | Preterm births (less than 32 completed weeks gestation) |

Objectives not achieved, and moving away from the HP2010 target include:

|        |  |
|--------|--|
| 2-10   | Vertebral fracture hospitalizations (ages 65 & over) |
| 15-3   | Firearm-related deaths                               |
| 15-15  | Motor vehicle crash deaths                           |
| 15-16  | Pedestrian deaths                                    |
| 16-9   | Cesarean section deliveries among low-risk births    |
| 16-10a | Low birth weight births                              |

Total number of natality, mortality, and morbidity objectives achieved:

|  |    |
|--|----|
| Statewide (all races/both sexes)         | 10 |
| Females                                  | 23 |
| Males                                    | 7  |
| Hispanics/Latinos                        | 23 |
| American Indians/Alaska Natives          | 15 |
| Asians                                   | 15 |
| Whites                                   | 14 |
| Multiracials                             | 11 |
| African Americans/Blacks                 | 6  |
| Native Hawaiians/Other Pacific Islanders | 1  |

# Healthy California 2010 Progress Review: 2000-2003

| Healthy People 2010 Objective |   | HP2010<br>Target<br>Rate | Latest<br>Statewide<br>Rate | Latest<br>Data<br>Year | Objective Achieved ?----- |  |       |      |       |      |       |       |     |     |       |
|-------------------------------|---|--------------------------|-----------------------------|------------------------|---------------------------|--|-------|------|-------|------|-------|-------|-----|-----|-------|
|                               |   |                          |                             |                        | Statewide                 | Females                                      | Males | AA/B | AI/AN | A/PI | Asian | NHOPI | H/L | WH  | MULTI |
| 1-1                           | Health insurance coverage                                     | 100.0                    | 84.2                        | 2003                   | No                        | No   | No    | No   | No    | No   | No    | No    | No  | No  | No    |
| 1-9a                          | Pediatric asthma hospitalizations                             | 17.3                     | 15.4                        | 2003                   | Yes                       | Yes  | No    | No   | Yes   | Yes  | DNA   | DNA   | Yes | Yes | DNA   |
| 1-9b                          | Uncontrolled diabetes hospitalizations                        | 5.4                      | 5.5                         | 2003                   | No                        | Yes  | No    | No   | Yes   | Yes  | DNA   | DNA   | Yes | Yes | DNA   |
| 1-9c                          | Pneumonia & influenza hospitalizations (Ages 65+)             | 8.0                      | 5.9                         | 2003                   | Yes                       | Yes  | Yes   | Yes  | DSU   | Yes  | DNA   | DNA   | Yes | Yes | DNA   |
| 2-10                          | Vertebral fracture hospitalizations (Ages 65+)                | 11.6                     | 11.8                        | 2003                   | No                        | No   | Yes   | Yes  | DSU   | Yes  | DNA   | DNA   | Yes | No  | DNA   |
| 3-1                           | All cancer deaths   | 159.9                    | 165.0                       | 2003                   | No                        | Yes  | No    | No   | Yes   | DCS  | Yes   | No    | Yes | No  | Yes   |
| 3-2                           | Lung cancer deaths  | 44.9                     | 42.0                        | 2003                   | Yes                       | Yes  | No    | No   | Yes   | DCS  | Yes   | No    | Yes | No  | Yes   |
| 3-3                           | Female breast cancer deaths                                   | 22.3                     | 22.9                        | 2003                   | No                        | No   | ----  | No   | DSU   | DCS  | Yes   | DSU   | Yes | No  | DSU   |
| 3-4                           | Cervical cancer deaths  | 2.0                      | 2.2                         | 2003                   | No                        | No   | ----  | No   | DSU   | DCS  | No    | DSU   | No  | Yes | DSU   |
| 3-5                           | Colorectal cancer deaths                                      | 13.9                     | 16.3                        | 2003                   | No                        | No   | No    | No   | DSU   | DCS  | Yes   | DSU   | Yes | No  | DSU   |
| 3-6                           | Oropharyngeal cancer deaths                                   | 2.7                      | 2.7                         | 2003                   | Yes                       | Yes  | No    | No   | DSU   | DCS  | No    | DSU   | Yes | No  | DSU   |
| 3-7                           | Prostate cancer deaths  | 28.8                     | 22.9                        | 2003                   | Yes                       | ----   | Yes   | No   | DSU   | DCS  | Yes   | DSU   | Yes | Yes | DSU   |
| 3-8                           | Melanoma cancer deaths  | 2.5                      | 2.6                         | 2003                   | No                        | Yes  | No    | DSU  | DSU   | DCS  | DSU   | IND   | Yes | No  | DSU   |
| 5-5                           | Diabetes-related deaths                                       | 45.0                     | 82.8                        | 2002                   | No                        | No   | No    | No   | No    | DCS  | No    | No    | No  | No  | Yes   |
| 8-1a                          | Persons exposed to harmful air pollutants (O <sub>3</sub> )   | 0.0                      | 92.8                        | 2004                   | No                        | -----nonattainment areas in 35 counties----- |       |      |       |      |       |       |     |     |       |
| 8-1b                          | Persons exposed to harmful air pollutants (PM <sub>10</sub> ) | 0.0                      | 57.2                        | 2004                   | No                        | -----nonattainment areas in 15 counties----- |       |      |       |      |       |       |     |     |       |
| 8-1c                          | Persons exposed to harmful air pollutants (CO)                | 0.0                      | 43.0                        | 2004                   | No                        | -----nonattainment areas in 4 counties-----  |       |      |       |      |       |       |     |     |       |
| 12-1                          | Coronary heart disease deaths                                 | 166.0                    | 167.3                       | 2003                   | No                        | Yes  | No    | No   | Yes   | DCS  | Yes   | No    | Yes | No  | Yes   |
| 12-6a                         | Congestive heart failure hospitalizations (Ages 65-74)        | 6.5                      | 8.7                         | 2003                   | No                        | No   | No    | No   | Yes   | Yes  | DNA   | DNA   | No  | No  | DNA   |
| 12-6b                         | Congestive heart failure hospitalizations (Ages 75-84)        | 13.5                     | 18.0                        | 2003                   | No                        | No   | No    | No   | Yes   | Yes  | DNA   | DNA   | No  | No  | DNA   |
| 12-6c                         | Congestive heart failure hospitalizations (Ages 85+)          | 26.5                     | 31.5                        | 2003                   | No                        | No   | No    | No   | No    | Yes  | DNA   | DNA   | No  | No  | DNA   |
| 12-7                          | Stroke deaths   | 48.0                     | 53.3                        | 2003                   | No                        | No   | No    | No   | Yes   | DCS  | Yes   | No    | Yes | No  | Yes   |
| 13-14                         | HIV deaths  | 0.7                      | 3.9                         | 2003                   | No                        | No   | No    | No   | DSU   | DCS  | Yes   | DSU   | No  | No  | DSU   |
| 14-17                         | Peptic ulcer hospitalizations                                 | 46.0                     | 56.7                        | 2003                   | No                        | No   | No    | No   | Yes   | No   | DNA   | DNA   | No  | No  | DNA   |
| 15-1                          | Nonfatal head injury hospitalizations                         | 54.0                     | 69.0                        | 2003                   | No                        | Yes  | No    | No   | Yes   | Yes  | DNA   | DNA   | No  | No  | DNA   |
| 15-2                          | Nonfatal spinal cord injury hospitalizations                  | 2.6                      | 4.2                         | 2003                   | No                        | Yes  | No    | No   | DSU   | Yes  | DNA   | DNA   | No  | No  | DNA   |
| 15-3                          | Firearms-related deaths                                       | 4.1                      | 9.6                         | 2003                   | No                        | Yes  | No    | No   | No    | DCS  | Yes   | DSU   | No  | No  | No    |
| 15-5                          | Nonfatal firearm-related injury hospitalizations via ER       | 8.6                      | 11.5                        | 2003                   | No                        | Yes  | No    | No   | DSU   | Yes  | DNA   | DNA   | No  | Yes | DNA   |
| 15-8                          | Poisoning deaths  | 1.5                      | 9.4                         | 2003                   | No                        | No   | No    | No   | No    | DCS  | No    | DSU   | No  | No  | No    |
| 15-9                          | Suffocation deaths  | 3.0                      | 3.5                         | 2003                   | No                        | Yes  | No    | No   | DSU   | DCS  | No    | DSU   | Yes | No  | DSU   |
| 15-13                         | Unintentional injury deaths                                   | 17.5                     | 29.7                        | 2003                   | No                        | No   | No    | No   | No    | DCS  | Yes   | No    | No  | No  | Yes   |
| 15-15a                        | Motor vehicle crash deaths                                    | 9.2                      | 12.2                        | 2003                   | No                        | Yes  | No    | No   | No    | DCS  | Yes   | DSU   | No  | No  | Yes   |
| 15-16                         | Pedestrian deaths   | 1.0                      | 2.1                         | 2003                   | No                        | No   | No    | No   | DSU   | DCS  | No    | DSU   | No  | No  | DSU   |
| 15-25                         | Residential fire deaths                                       | 0.2                      | 0.6                         | 2003                   | No                        | No   | No    | No   | No    | DCS  | No    | DSU   | No  | No  | No    |
| 15-27                         | Fall-related deaths   | 3.0                      | 4.5                         | 2003                   | No                        | No   | No    | Yes  | DSU   | DCS  | No    | DSU   | No  | No  | DSU   |
| 15-28                         | Hip fracture hospitalizations (Females, Ages 65+)             | 491.0                    | 771.8                       | 2003                   | No                        | No   | ----  | Yes  | Yes   | Yes  | DNA   | DNA   | Yes | No  | DNA   |
| 15-28                         | Hip fracture hospitalizations (Males, Ages 65+)               | 540.5                    | 414.1                       | 2003                   | Yes                       | ----   | Yes   | Yes  | DSU   | Yes  | DNA   | DNA   | Yes | No  | DNA   |
| 15-29                         | Drowning deaths   | 0.9                      | 1.1                         | 2003                   | No                        | Yes  | No    | No   | DSU   | DCS  | No    | No    | Yes | No  | DSU   |
| 15-32                         | Homicide deaths   | 3.0                      | 6.7                         | 2003                   | No                        | Yes  | No    | No   | DSU   | DCS  | No    | DSU   | No  | Yes | Yes   |

## Healthy California 2010 Progress Review: 2000-2003, cont'd.

| Healthy People 2010 Objective |  | HP2010<br>Target<br>Rate | Latest<br>Statewide<br>Rate | Latest<br>Data<br>Year | Objective Achieved ?----- |         |       |      |       |      |       |       |     |     |       |
|-------------------------------|--|--------------------------|-----------------------------|------------------------|---------------------------|---------|-------|------|-------|------|-------|-------|-----|-----|-------|
|                               |  |                          |                             |                        | Statewide                 | Females | Males | AA/B | AI/AN | A/PI | Asian | NHOPI | H/L | WH  | MULTI |
| 16-1c                         | Infant deaths  | 4.5                      | 5.3                         | 2002                   | No                        | No      | No    | No   | DSU   | DCS  | Yes   | DSU   | No  | No  | No    |
| 16-1f                         | Infant deaths due to birth defects                       | 1.1                      | 1.4                         | 2002                   | No                        | No      | No    | No   | DSU   | DCS  | No    | DSU   | No  | Yes | DSU   |
| 16-1g                         | Infant deaths due to congenital heart & vascular defects | 0.38                     | 0.50                        | 2002                   | No                        | No      | No    | No   | IND   | DCS  | No    | DSU   | No  | No  | DSU   |
| 16-1h                         | Infant deaths due to sudden infant death syndrome        | 0.25                     | 0.35                        | 2002                   | No                        | No      | No    | No   | DSU   | DCS  | DSU   | DSU   | No  | No  | DSU   |
| 16-2a                         | Child deaths (Ages 1-4)                                  | 18.6                     | 27.8                        | 2003                   | No                        | No      | No    | No   | DSU   | DCS  | No    | DSU   | No  | No  | DSU   |
| 16-2b                         | Child deaths (Ages 5-9)                                  | 12.3                     | 13.6                        | 2003                   | No                        | Yes     | No    | No   | DSU   | DCS  | No    | DSU   | No  | No  | DSU   |
| 16-3a                         | Adolescent deaths (Ages 10-14)                           | 16.8                     | 17.2                        | 2003                   | No                        | Yes     | No    | No   | DSU   | DCS  | No    | DSU   | No  | Yes | DSU   |
| 16-3b                         | Adolescent deaths (Ages 15-19)                           | 39.8                     | 58.7                        | 2003                   | No                        | Yes     | No    | No   | DSU   | DCS  | Yes   | DSU   | No  | No  | Yes   |
| 16-3c                         | Young adult deaths (Ages 20-24)                          | 49.0                     | 84.4                        | 2003                   | No                        | Yes     | No    | No   | DSU   | DCS  | No    | DSU   | No  | No  | No    |
| 16-4                          | Maternal deaths due to obstetric causes                  | 3.3                      | 14.6                        | 2003                   | No                        | No      | ----  | DSU  | IND   | DCS  | DSU   | IND   | No  | No  | DSU   |
| 16-5a                         | Hospitalized labor & delivery complications              | 24.0                     | 15.2                        | 2003                   | Yes                       | ----    | ----  | Yes  | Yes   | Yes  | DNA   | DNA   | Yes | Yes | DNA   |
| 16-6a                         | Early prenatal care                                      | 90.0                     | 85.9                        | 2003                   | No                        | ----    | ----  | No   | No    | DCS  | No    | No    | No  | Yes | No    |
| 16-9a                         | Primary Cesarean sections among low-risk births          | 15.0                     | 26.1                        | 2003                   | No                        | ----    | ----  | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 16-9b                         | Repeat Cesarean sections among low-risk births           | 63.0                     | 96.2                        | 2003                   | No                        | ----    | ----  | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 16-10a                        | Low birth weight births                                  | 5.0                      | 6.6                         | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 16-10b                        | Very low birth weight births                             | 0.9                      | 1.2                         | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 16-11a                        | Preterm births (< 37 completed weeks gestation)          | 7.6                      | 10.0                        | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 16-11b                        | Preterm births (32-36 completed weeks gestation)         | 6.4                      | 5.2                         | 2003                   | Yes                       | Yes     | Yes   | No   | Yes   | DCS  | Yes   | Yes   | Yes | Yes | Yes   |
| 16-11c                        | Very preterm births (< 32 completed weeks gestation)     | 1.1                      | 1.5                         | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | No    | No  | No  | No    |
| 18-1                          | Suicide deaths   | 5.0                      | 9.6                         | 2003                   | No                        | Yes     | No    | No   | DSU   | DCS  | No    | DSU   | Yes | No  | No    |
| 24-1c                         | Asthma deaths (Ages 15-34)                               | 3.0                      | 4.3                         | 2003                   | No                        | DSU     | No    | DSU  | DSU   | DCS  | DSU   | IND   | DSU | DSU | IND   |
| 24-1d                         | Asthma deaths (Ages 35-64)                               | 9.0                      | 14.8                        | 2003                   | No                        | No      | No    | No   | IND   | DCS  | No    | DSU   | Yes | No  | IND   |
| 24-1e                         | Asthma deaths (Ages 65+)                                 | 60.0                     | 59.2                        | 2003                   | Yes                       | No      | Yes   | DSU  | IND   | DCS  | No    | IND   | No  | Yes | IND   |
| 24-2a                         | Asthma hospitalizations (Ages under 5)                   | 25.0                     | 32.6                        | 2003                   | No                        | Yes     | No    | No   | Yes   | No   | DNA   | DNA   | No  | No  | DNA   |
| 24-2b                         | Asthma hospitalizations (Ages 5-64)                      | 8.0                      | 7.8                         | 2003                   | Yes                       | No      | Yes   | No   | Yes   | Yes  | DNA   | DNA   | Yes | Yes | DNA   |
| 24-2c                         | Asthma hospitalizations (Ages 65+)                       | 10.0                     | 20.3                        | 2003                   | No                        | No      | No    | No   | DSU   | No   | DNA   | DNA   | No  | No  | DNA   |
| 24-10                         | Chronic obstructive pulmonary disease deaths             | 60.0                     | 119.1                       | 2003                   | No                        | No      | No    | No   | No    | DCS  | Yes   | DSU   | Yes | No  | Yes   |
| 26-2                          | Cirrhosis deaths   | 3.0                      | 11.3                        | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | DSU   | No  | No  | DSU   |
| 26-3                          | Drug-induced deaths                                      | 1.0                      | 10.2                        | 2003                   | No                        | No      | No    | No   | No    | DCS  | No    | DSU   | No  | No  | No    |

### NOTES:

|      |   |
|------|---|
| Yes  | Objective being achieved according to latest available data               |
| No   | Objective not currently being achieved according to latest available data |
| DSU  | Data statistically unreliable (small number of events, RSE => 23%)        |
| DNA  | Data not available  |
| DCS  | Data compiled separately (for Asians and for Pacific Islanders)           |
| ---- | Not applicable to this objective  |
| IND  | Indeterminant (based on zero reported events)                             |

|       |  |
|-------|--|
| AA/B  | African American/Black                 |
| AI/AN | American Indian/Alaska Native          |
| A/PI  | Asian/Pacific Islander                 |
| NHOPI | Native Hawaiian/Other Pacific Islander |
| H/L   | Hispanic/Latino                        |
| WH    | White                                  |
| MULTI | Multiracial                            |